

Triennial Veterans' 100-mile Rides - 7th July 2019

Tri-Vets are longer distance cycle rides for people aged 50 and over. Tri-Vets have been organised by Cycling UK Member Groups since Cycling UK's 50th anniversary back in 1928 and they take place every three years - hence the official title, the Triennial Veterans' Rides. Usually, riders have up to 12 hours to complete a 100-mile route. Some groups might run a 100km ride to encourage more diverse range of participants. Most rides take place in June, with some in July.

For our C&NW CTC 81 riders from all parts of the UK started the 100mile round trip from Duddon Village Hall, the earliest starting at 8.00am. This year, the weather was as near perfect as possible, sunny but not too hot and very little wind. The riders enjoyed the usual elevenses at Overton after the first 25 miles with Dave Robertson's famous Danish pastries proving as popular as ever. An excellent lunch was again provided at Four Crosses Village Centre but unfortunately two riders were unable to continue the ride and were driven back to Duddon by Sean in the 'sagwagon'. Once again, Farmer John and his wife Sue were hosts to the riders in Tilston for the late afternoon orange juice stop after a marvellous tea at Overton. Thanks again to John and Sue.

The first group of riders were back in Duddon by 5.45 pm and the last group just before 7pm to receive their well earned certificates from our President, Mike Cross. The oldest lady to take part was Doreen Lindsey and the oldest gentleman was Patrick Hyett. Included below are photos of them receiving their Certificates and Trophies from Mike Cross. An enjoyable day was had by all.



Doreen Lindsay presented with the Rose Bowl by Mike Cross for the most senior lady to complete the ride.

Patrick Hyett being presented with the Gil Tyrell trophy for the most senior gentleman to complete the ride.

Text by Laurie Mason, Organiser

