Lock Gates Café (Flavours) - February 28th 2010

The now familiar long queue at the Eureka and a few late comers meant that we left a few minutes late but that was no problem for 'Captain Jim'.

We were soon bowling along towards 11s at 3 Bridges.



'Captain Jim'



An early puncture (why is it always the rear one?) soon after leaving the cycle way only delayed us for a few minutes.

A bit of mud before 'The Bridges' worried those on 'summer width' tyres.

Back on tarmac' again, we followed a very pleasant route with the castles on the hill tops to our south.



Jim had pre-planned the route earlier in the week and arranged to phone through to the cafe with approximate numbers.



'Flavours', the renamed Locks Café, provided an excellent lunch.

The new owners told us of their plans to extend the seating area and how they looked forward to welcoming many more cyclists.

Our 'sandwich eaters'

diverted and sat by the adjacent canal before joining us for tea and cakes.





Now I don't normally do 'requests', but Ruth, a new member, asked if her photo could appear in my report, just to prove to her daughter that she had ridden that far. So, why not? Especially as she had agreed to sign up to The Link magazine!

Ruth

Lambs are often the first sign of Spring, and I did hear some but could not stop to take photographs.

So we had it for dinner instead! Very tasty!





Nice ride Jim.

cook it. taste it. love it.

You did so well we will put you down for more rides. OK?

Bob Witton.