

Flavours Café - 9th October 2011

Janet's ride to the previously named 'Locks café' left a crowded Eureka supported by 10 riders of equal gender this week. If that doesn't seem to read quite right, I mean: 5 males/5 females.



Janet

We rode off through Capenhurst: an interesting site which is still an international supplier of enriched uranium employing over three hundred people.

It was also at one time the site of a BT phone-tap tower. All very mysterious at the time but a plot of land was purchased by the MoD



on which a tower was constructed. Various theories as to its real use included a possible connection to GCHQ to monitor Russian naval activity in the Irish Sea. Attempts were made to disguise the tower, but was eventually dismantled.



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BT phone-tap Tower

Onward, then, to a new section of cycle path near the new M&S, where Peter Williams updated us with his efforts to improve the route which would mean not having to cross a busy main road. Good luck Peter.

Road side 11ses were soon over and we made rapid progress to lunch where some ate their sandwiches canal-side whilst the remainder enjoyed excellent food in **Flavours café**. This is fast becoming very popular with cyclists and extra staff is being sought.



We had crossed the **Shropshire Union canal** before lunch, but before crossing it again near the **Shady Oak** we scaled the foothills of **Beeston castle**, where we enjoyed the wonderful views.



Beeston Castle



The final few miles of an otherwise enjoyable ride proved a bit cold and damp as we once again rode along the old disused railway we call **The Greenway**.

The Greenway

Thanks for the ride **Janet** and for the attached **Garmin route**.

Bob Witton



Click to see the Garmin route: <http://goo.gl/ACoEQ>