

CYCLING UK ERYRI SATURDAY EASY RIDERS INFORMAL GROUP  
PROGRAMME MAY/JUNE/JULY 2018

MAY 5<sup>TH</sup>

MEET Lidl car park Porthmadog 9.30 am  
LEADER Doreen mob: 07484 146484

MAY 19<sup>th</sup>

MEET Car park behind bus stop Chwilog 9.30 am  
LEADER Kath mob: 07974 288056

JUNE 2<sup>nd</sup>

MEET Bryncir car park at start of Lon Eifion cycle track 9.30 am  
LEADER Kath mob: 07974 288056

JUNE 16<sup>th</sup>

MEET Inigo Jones car park Penygroes 9.30 am  
LEADER Doreen mob: 07484 146484

JULY 7<sup>th</sup>

MEET Coed Helen car park on Fforyd Caernarfon 9.30 am  
LEADER Doreen mob: 07484 146484

JULY 21<sup>st</sup>

MEET Llanystumdwy free car park 9.30 am  
LEADER Doreen mob: 07484 146484

Reminder will be sent before each ride with further info  
PLEASE try & let leader know if you ARE coming on the ride

Destination to be decided on the day depending on weather etc

The rides are usually 10-12 miles sometimes a bit more with a coffee stop halfway  
Walking up hills allowed & no one left behind  
Please make sure your bike is roadworthy & that you have pump & spares suitable for your bike  
Please bring waterproofs & cash for refreshments

PLEASE NOTE THERE ARE NO RIDES IN AUGUST

**ELECTRIC ASSIST BIKES WELCOME**  
**PLEASE RIDE WITH CARE**

More info from Doreen [doreenlindsey@btinternet.com](mailto:doreenlindsey@btinternet.com) or 01766 522262  
Kath [kathmair@icloud.com](mailto:kathmair@icloud.com)

Also programme can be seen on [www.ctcchesterandnwales.org.uk/eryri](http://www.ctcchesterandnwales.org.uk/eryri)