

CYCLING UK ERYRI INFORMAL THURSDAY GROUP
PROGRAMME MAY/JUNE/JULY 2018

MAY 3rd

MEET Tyddyn Sachau Garden Centre Y Ffor 10.30 am
Through lanes to Abersoch for lunch
LEADER Doreen mob: 07484 146484

MAY 16/17th

Club camp at Pant yr Onnen Llangower nr Bala
LEADER Sue details later: mob 07842 521509

JUNE 14th

MEET Lidl car park Porthmadog 10.30am
Lanes via Nantmor to Nant Gwynant
LEADER Doreen mob: 07484 146484

JUNE 28th

MEET Pwllheli free car park on harbour waterfront near the railway crossing 10.30am
Through the lanes to Tudweiliog for lunch
LEADER Kath mob: 07974 288056

JULY 12th

MEET Llanystumdwy free car park (A497 between Criccieth & Pwllheli) 10.30 am
Lanes to lunch at Penygroes Winery café
LEADER Sue mob: 07842 521509

JULY 26th

MEET Clynog Fawr 10.30 am
Through the lanes to Bryncir for lunch
LEADER Kath mob: 07974288056

A reminder will be sent before each ride with more info

The rides are usually between 25 & 30 miles, sometimes less, with a café lunch halfway
Walking up hills allowed & no one left behind, electric assist welcome
Please make sure your bike is roadworthy & that you have spares & pump appropriate for your bike
Also waterproofs & cash for refreshments

REMEMBER you are responsible for your own safety & the safety of others in the group

PLEASE RIDE CAREFULLY

More info from Doreen doreenlindsey@btinternet.com or 01766 522262
Programme can also be seen on www.ctchesterandnwales.org/eryri