

CYCLING UK ERYRI THURSDAY GROUP  
PROGRAMME Jan/Feb/March/April2018

Jan 11<sup>th</sup> MEET Bryncir car park behind cattle market (gr 479447)  
Easy ride to Fron Goch garden centre for lunch return via Lon Eifion cycle track  
LEADER Doreen mob: 07484 146484

Jan 25 MEET Morfa Nefyn NT car park (gr 283 408) 10.30am Non NT members might be a charge! Aberdaron for lunch  
LEADER Ann Sweeny mob: 07775 515 823

Feb 8<sup>th</sup> MEET Pwllheli (gr381353) waterfront Jewsons end 10.30am  
Through the lanes for lunch at Tudweillog  
LEADER Kath mob: 07974 288056

Feb 22<sup>nd</sup> MEET Penrhyn Dock Bangor 10.30am  
Cycle tracks etc to Zip world café for lunch  
LEADER Gwen mob: 07721 864661

March 8<sup>th</sup> MEET Clynnog Fawr (gr414497)  
Main street nr St Beuno Church (roadside parking)  
LEADER Kath mob: 07974 288056

March 22<sup>nd</sup> MEET Lidl car park Porthmadog 10.30am  
Harlech Castle café for lunch  
LEADER Doreen mob: 07484 146484

April 5<sup>th</sup> MEET Rhyd y Clafdy Lleyn Peninsular (gr 327 352) opposite council Estate  
10.30am  
Lunch in Aberdaron  
LEADER Jan Taylor mob: 07557 770857

APRIL 19<sup>th</sup> MEET Penygroes Leisure Centre (gr472 533) 10.30am  
Ride details later  
LEADER Sue Cooper mob: 07842 521509

The rides are between 25 & 30 miles with a café lunch halfway  
Walking up hill allowed & no one left behind, electric assist welcome  
Please make sure your bike is roadworthy & that you have spares & pump appropriate for your bike also cash for refreshments & waterproofs

REMEMBER you are responsible for your own safety & for the safety of others in the group

PLEASE RIDE CAREFULLY

More info from Doreen [doreenlindsey@btinternet.com](mailto:doreenlindsey@btinternet.com) or 01766 5222  
Programme can also be seen on [www.ctcchesterandnwales.org/eryri](http://www.ctcchesterandnwales.org/eryri) group