

**CYCLING UK SATURDAY EASY RIDERS INFORMAL GROUP
PROGRAMME MAY/JUNE/JULY 2017**

MAY 6th

MEET Bryncir Old Station 9.30am

LEADER Doreen mob: 07484 146484

MAY 13th (Note change of date) was 20th

MEET Llanystumdwy car park 9.30am

LEADER Kath mob: 07974 288056

JUNE 3rd

MEET Penrhyndeudraeth car park 9.30am

LEADER Doreen mob: 07484 146484

JUNE 17th

MEET Criccieth West End car park 9.30am

LEADER Doreen mob: 07484 146484

JULY 1st

MEET Chwilog car park behind bus stop 9.30am

LEADER Kath mob: 07974 288056

JULY 15th

MEET Penygroes Leisure centre car park 9.30am

LEADER Doreen mob: 07484 146484

JULY 29th

MEET Llanwnda car park off Goat roundabout at A499/A487 junction 9.30am

LEADER Kath mob: 07974 288056

Reminder will be sent before each ride with further info
If weather bad please ring leader to confirm ride will go ahead

The rides are 10-12 miles sometimes a bit more with a coffee stop halfway
Walking up hills allowed & no one left behind
Make sure your bike is roadworthy & that you have pump & spares suitable for your bike
Please bring waterproofs & cash for refreshments

ELECTRIC ASSIST BIKES WELCOME

PLEASE RIDE WITH CARE

More info from Doreen doreenlindsey@btinternet.com or 01766 522262

KATH kathmair@icloud.com

Also programme can be seen on www.ctcchesterandnwales.org.uk/SER