

CYCLING UK ERYRI THURSDAY GROUP  
PROGRAMME SEPTEMBER/OCTOBER/NOVEMBER 2017

Sept 7<sup>th</sup>

MEET Lidl car park Porthmadog 10.30am gr 561 392

Lunch Café Gwynant

LEADER Doreen mob: 07484 146484

Sept 20<sup>th</sup>/21<sup>st</sup> proposed camp at Aberdyf i (see [www.nythrobin.co.uk](http://www.nythrobin.co.uk))

More details to come LEADER Doreen mob: 07484 146484

Oct 5<sup>th</sup>

MEET Penygroes Leisure centre car park 10.30 am gr472 533

Figure of 8 route lunch halfway at the Winery LEADER Sue mob: 07842 521509

Oct 19<sup>th</sup>

MEET Bryncir car park behind cattle market 10.30 am gr 446 482

Easy ride through lanes to Tyddyn Sachau garden centre LEADER Kath: 07974 288056

Nov 2<sup>nd</sup>

MEET Penmaenmawr on the front near cafe 10.30am

Ride round the Orme

LEADER Hilary mob: 07796 264390

Nov 16<sup>th</sup> My birthday ride

MEET Coed Helen car park Caernarfon 10.30am gr 628 476

Lunch at Bryncir Garden Centre café

LEADER Doreen mob:07484

Nov 30<sup>th</sup>

MEET Bryncir 10.30am gr 446 482

Easy ride through lanes to Pwllheli for lunch

LEADER Doreen mob: 07484 146484

The rides are between 25 & 30 miles with a café lunch halfway

Walking up hills allowed & no one left behind

Please make sure your bike is roadworthy & that you have spares & pump appropriate for your bike waterproofs & cash for refreshments

REMEMBER you are responsible for your own safety & the safety of other riders in the group

PLEASE RIDE CAREFULLY

More info from Doreen [doreenlindsey@btinternet.com](mailto:doreenlindsey@btinternet.com) Or 01766 522262 Programme can be seen on [www.chesterandnwales.org.uk/eryrigroup](http://www.chesterandnwales.org.uk/eryrigroup)