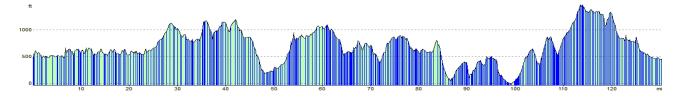


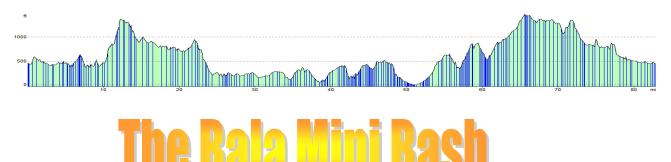


8am- 212km. A cracking roller coaster ride down to the coast and back. Showcasing the best of what the Principality has to offer: stunning scenery, lakes, lanes, rivers and hills and best of all the last 20k is all downhill.

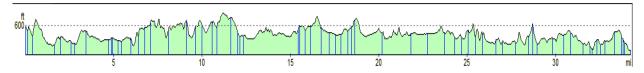




8.30am- 138km. A truncated version of the above but still with the same lovely lanes, hills, rivers and lakes and the welcome 20k swoop downhill to the finish.



9am- 60km. Designed as an introduction to Audaxing but with a character all of its own this lovely scenic route takes you around Llyn Tegid into Bala and back to Corwen via winding lanes and some not too demanding hills.



All rides departing from the Manor Craft Centre in Corwen on Saturday 13th October 2018 For more information and an entry form go to http:// www.aukweb.net/events/