

## Size Options for CTC Chester and North Wales Club Shirts

### HOW TO MEASURE YOUR SIZE

**CHEST:** Measure around the fullest part of your chest, keep the tape level, under your arms and breathe naturally.

**CENTRE BACK:** Measure from the nape of the neck to the base of the spine in a riding position, you'll probably need a bit of help with this!

**LONG SLEEVE:** Measure from the armpit to the wrist.

### MEN'S SHIRTS

SIZE	XS	S	M	L	XL	2XL	3XL
CHEST (inches)	34	36	38	40	42	44	46
CHEST (cm)	86.5	91.5	96.5	101.5	107	112	117
CENTRE BACK (inches)	26	27	28	29	29	29	29
CENTRE BACK (cm)	66	68.5	71	73.5	73.5	73.5	73.5
LONG SLEEVE (inches)	19	20	21	22	22	22	22
LONG SLEEVE (cm)	48.5	51	53.5	56	56	56	56

### WOMEN'S SHIRTS

SIZE	2XS / 6	XS / 8	S / 10	M / 12	L / 14	XL / 16	2XL / 18
CHEST (inches)	28	30	32	34	36	38	40
CHEST (cm)	71	76	81	86	91.5	96.5	101.5
CENTRE BACK (inches)	25	25	26	26	27	27	28
CENTRE BACK (cm)	63.5	63.5	66	66	68.5	68.5	71
LONG SLEEVE (inches)	18	18	19	19	20	20	20
LONG SLEEVE (cm)	46	46	48.5	48.5	51	51	51